



First Steps® ACP Facilitator Certification

Training Date: November 1st, 2021

Respecting Choices® First Steps® Advance Care Plan (ACP) Facilitator Certification is designed for professionals such as social workers, nurses, clergy, physicians, and others involved in assisting individuals making end-of-life treatment decisions.

Purpose: To improve the effectiveness of the First Steps® ACP Facilitator Certification program through facilitation skills training.

Course Objectives

1. Identify interview skills for facilitating First Steps advance care planning (ACP) conversations
2. Identify interview skills for facilitating First Steps ACP conversations with adults with chronic illness
3. Create strategies to communicate the plan, including the completion of an advance directive document
4. Examine the ACP Facilitator’s role in implementing three key systems for ACP effectiveness
5. Demonstrate beginning competency in facilitating First Steps ACP conversations through role-play activities

Prerequisites

1. Completion of the First Steps ACP Facilitator Online Core Modules 1-4. You will not be allowed to sit for the class if you have not completed the online modules in advance!
2. Attempt an ACP conversation with a loved one or close friend
3. Complete a “practice” Advance Directive (AD) document (both the AD and the Treatment Preferences documents) <https://mihin.org/advance-care-planning-resources/>

The online component includes interactive courses intended to help you learn basic ACP concepts, allowing you to come to the course prepared for a more robust classroom experience. Contact hours for the online prerequisite are available through Respecting Choices.

To Register:

MiHIN
Attn: Monica Ward
PO Box 170, Caledonia MI, 49316
844-454-2443
Monica.ward@mihin.org

Registration Fee: \$260.00

Payment: Checks made payable to MiHIN. Please enter “ACP FS Facilitator Training” on your memo line
SW/RN Continuing Education Credits included

Complete this registration form and return by email, or mail.

Attendee Information

Training Date Preferred:		
Full Name (type or print)		Credentials
Employer & Position		
Work Address (street, mail station, city/ST/ZIP)		
Work email/Home email		
Work Phone/Home phone		



**Registration confirmation and on-line course directions will follow.
This course has been approved for 6.5 Hour SW CE Credits and 7 Hour RN Credits**

Agenda

8:00	Introductions and Welcome
8:30	The Personal Engagement Activity
8:45	First Steps ACP Conversation Guide – Facilitation Skills
9:30	<i>Break</i>
10:00	First Steps® ACP Conversation Guide: Patient Advocate present
11:00	Practice Exercise Role Play 1; Group Debrief
11:50	First Steps® ACP Conversation Guide: Adults with Chronic Illness
12:30	<i>Lunch</i>
1:00	Practice Exercise Role Play 2; Group Debrief
1:45	First Steps® ACP Conversation Guide: The CPR Conversation
2:15	<i>Break</i>
2:30	Practice Exercise Role Play 3; Group Debrief
3:00	Summary of the First Steps® Conversation: Honoring Preferences & Decisions
3:20	Final Role Play
4:20	Summary and evaluation
4:30	<i>Adjourn</i>

Instructors:

James Kraft, Ph.D.

Respecting Choices Certified First Steps® facilitator and instructor
Director of Consumer Choices & Collaborative Care, MiHIN